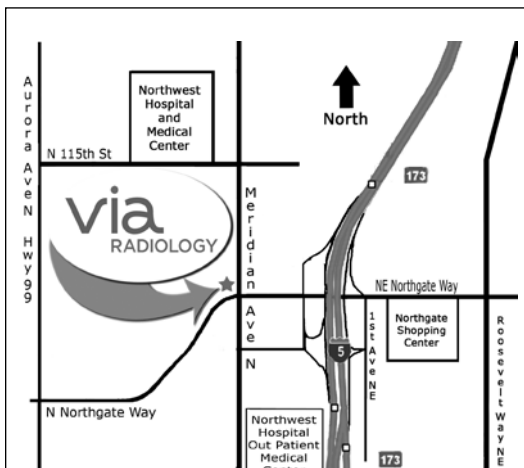


Patient Instructions

MRI	CT
<p>For your exam, please wear loose and comfortable clothing. Once you arrive, you may be asked to change into the appropriate clothing for your exam since metal objects may interfere with the quality of your study. Please let us know in advance whether you are or might be pregnant.</p> <p>The exam requires no preparation. While the MRI exam itself is painless, you may need an injection of material during the exam. No pacemakers or implantable cardio-defibrillators are allowed.</p> <p>There are no restrictions on food or drink. However, if your exam requires a contrast agent or “dye” to enhance the appearance of certain tissues or blood vessels in the images, a small needle will be placed in a vein in your arm and a safe dye will be injected.</p>	<p>For your exam, please wear loose and comfortable clothing. Once you arrive, you may be asked to change into the appropriate clothing for your exam since metal objects may interfere with the quality of your study. Please let us know in advance whether you are or might be pregnant.</p> <p>If you are receiving an exam that requires a contrast agent, you may be told to avoid food or fluids 4-8 hours before the test.</p> <p>Pre-Procedure Preparation</p> <p>As mentioned above, certain CT exams require the use of contrast or “dye.” Studies requiring an injection on patients older than 60 require BUN and creatinine. Drink plenty of fluids before and after your exam, unless you are told to avoid fluids as part of your exam preparation.</p> <p><input type="checkbox"/> CT abdomen and/or pelvis: No solid foods after midnight prior to your exam. Medications may be taken and clear liquids are allowed.</p> <p><input type="checkbox"/> CT head, neck and chest: No solid food four hours prior to your exam. Medications may be taken and clear liquids are allowed.</p>
Ultrasound	PET/CT Imaging
<p>Preparation for your ultrasound study will depend upon the type of exam you are having:</p> <p>General Ultrasound Procedures</p> <p><input type="checkbox"/> Ultrasound – Abdomen, Liver, Gallbladder, and Pancreas: DO NOT eat or drink anything after midnight the night prior to your exam, after 6 hours prior to your study for an afternoon exam.</p> <p><input type="checkbox"/> Ultrasound – OB and Pelvic: Arrive with a full bladder. Finish drinking 1 quart of water 1 hour prior to your exam. Do not empty your bladder. If your bladder is not full, the exam may need to be delayed.</p> <p><input type="checkbox"/> Ultrasound – Hysterosonogram: This exam MUST be scheduled during day 4-8 of a new menstrual cycle.</p> <p><input type="checkbox"/> Ultrasound – Kidneys: Drink 2 glasses of water; 1 hour prior to your exam. Do not empty your bladder.</p> <p>No preparation is necessary for ultrasound of the thyroid, scrotum, hernia, blood clots, or musculoskeletal disorders.</p> <p>No preparation is necessary for ultrasound - guided procedures.</p>	<p>For your exam, please wear loose and comfortable clothing. Prior to your appointment, please let us know in advance whether you might be pregnant, are currently breastfeeding, or are diabetic.</p> <ul style="list-style-type: none"> • Refrain from strenuous exercise 24 hours before your exam. • Do not eat or drink anything except water for 6 hours before your exam. • Please do not chew gum. • Drink plenty of water the day before your exam; try to drink at least 48 ounces. • Take your normal medications with water, unless instructed not to do so by your physician. <p>Prior to your appointment, our Via Radiology representative will call you to review health and insurance information, provide specific instructions about diet, and to answer any questions you may have regarding exam preparation.</p>

OUR LOCATION

We are located **11011 Meridian Avenue N.**, on the NW corner of Meridian Avenue N. and Northgate Way. Please see below for detailed driving directions or visit us at www.viaradiology.com. Plenty of free, on-site parking is available at our convenient location. **Via Radiology is located on the first floor of the Meridian Pavilion in Suite 101.**



From the North:

- I-5 South
- Exit at Northgate Way/1st Ave. NE, Exit 173
- Take the Northgate Way Westbound ramp
- Turn Right onto N. Northgate Way
- Continue thru the first light, which is the intersection of Northgate Way and Meridian Avenue N.
- Immediately after the light turn right into the parking garage for Meridian Pavilion.

From HWY 99 or Aurora Ave N:

- Turn East on Northgate Way
- Drive 0.6 miles
- Immediately before the intersection of Meridian Avenue N. and Northgate Way turn left into the parking garage for Meridian Pavilion.

From the South:

- I-5 North
- Take the Northgate Way/1st Ave. NE, Exit 173
- Turn Left onto N. Northgate Way
- Continue straight thru two lights until you reach the intersection of Northgate Way and Meridian Avenue N.
- Immediately after the light turn right into the parking garage for Meridian Pavilion.